



Our rhyme of the fortnight is:

Grow a Plant – (to the tune of row, row, row your boat)

Grow, grow, grow a plant

Starting with the seed

Give it sun, soil, and water

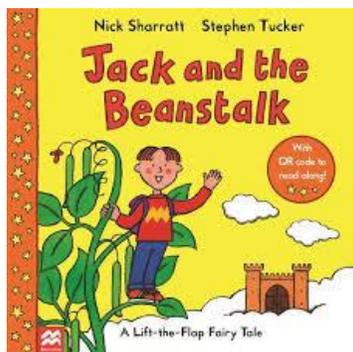
That is all you need!

What to do at home together:

- Tap or clap to the beat of the song.
- Sing the song with simple actions.
- Talk about signs of spring on your walk to nursery, noticing flowers that have grown or blossom that is appearing.
- Watch the video - <https://www.youtube.com/watch?v=J7T3e0K544E>
- If you want to watch an additional video please access the link below:
<https://www.youtube.com/watch?v=IKpsj3ppF7M>

Big Nursery – WC 09.3.26 & 16.3.26

Our book of the fortnight is: Jack and the Beanstalk by Nick Sharratt



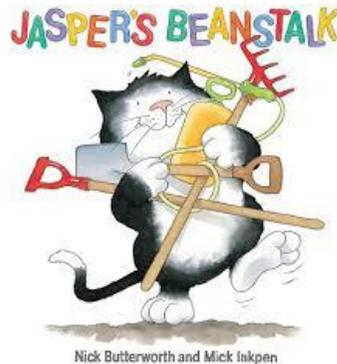
This traditional tale explores history through castles and living with animals that provide for you. It explores fantasy and imagination with characters such as a Giant, and key storyline features like the golden eggs and magical beans. The children develop their knowledge of planting and growth, exploring the life-cycle of a plant.

How to get the most out of reading to young children:

- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. What do the illustrations tell us about the story?
- Ask questions and talk about the book. What do they think will happen next? Why did a character act in a certain way? How are they feeling?
- Have fun! There's no right or wrong way to share a story – as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices... your little ones will love it!

Little Nursery – 09.03.26 & 16.3.26

Our book of the fortnight is: Jasper's Beanstalk by Nick Butterworth



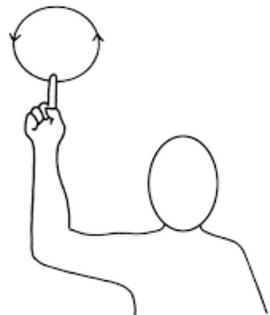
This book helps children to develop their knowledge of the natural world, including life-cycle changes. Children begin to understand how to take care of plants and learn lots of new vocabulary, including the days of the week.

How to get the most out of reading to young children:

- Be expressive!
- Picture books can be a great way to talk through your child's fears and worries, or to help them deal with their emotions.
- Give them space to talk, and ask how they feel about the situations in the story.
- Use props and toys to act out the story, either whilst you are reading it, or together afterwards.

Our Makaton signs of the fortnight are:

sun



rain

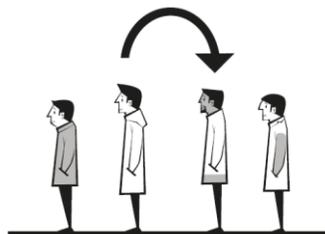


(Always remember to say the word as you sign)

Our Concept Cat signs of the fortnight are:



Around



After

Our Right of the fortnight is:



Over the next two weeks we will be planting vegetables with the children. This is a perfect opportunity to discuss their right to food and recognise how we can grow and harvest our own food. We will be nurturing our plants with water.

Article 24

Article 24 says that every child has the right to nutritious food, the best health care, and a clean and safe environment.



Fay 5 a Day encourages children and adults to eat the recommend 5 portions of fruit and vegetables per day. Fruit and vegetables contain vitamins, minerals and fibre. These are a very important part of a healthy diet and help to reduce the risk of certain diseases.

Lots more early years activities, information and recipes can be found on the Startwell website:

<https://startwellbirmingham.co.uk/>